

THURSDAY 7 NOVEMBER

*SOCIAL IMPLICATION OF FOOD
FOOD AND INCLUSION*

08.30 DEPARTURE FOR the Excursion to ISEO LAKE AND MONTE ISOLA

9.30 Arrival at CASCINA LA BENEDETTA for a workshop on food

11.30 Transfer to CLARABELLA CARE FARM, hills of Franciacorta (ISEO)

12.00 Guided tour in English.

12.30 Lunch at the farm



14.00 Ferry-boat to Monte Isola, an island in the middle of Iseo Lake
Walk and climb . The island is closed off to cars



17.00 departure from Montisola

19.30 Arrival in Cremona (STUDENTS are picked up by the families)

20.30 APERICENA (aperidinner) for TEACHERS

FRIDAY 8 NOVEMBER

DEPARTURE DAY

8.00 meeting at school

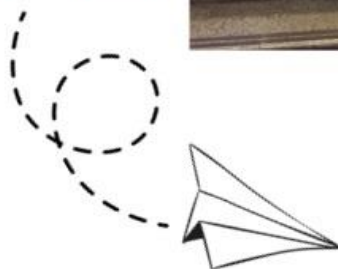
8.30 -10.00 Teachers' mee
evaluation



Coffee break

10.30 It's time to say GOODBYE!!!!!!!

See you in Poland...



EUROPEAN OPEN TABLE
FOR HAPPY M-EAT-INGS!

Liceo Anguissola
Cremona - Italy
3-8 November 2019



WELCOME TO ITALY

SUNDAY 3 NOVEMBER

18.00 Meeting in Cremona Train Station for **the Irish and Portuguese teams**
ITALIAN STUDENTS pick up their hosts and dinner with host families

Transfer to Hotel Astoria for the teachers

21.00 arrival of the Polish group in Cremona and pick up of the partners

21.30 Meet teachers at the Hotel

22.00 teachers eat in Chocolat Cafè in the city center



MONDAY 4 NOVEMBER

8.00-10.00 Students go to classes or laboratories



10- 12.00 Dance Workshop and games in the school gym **with Mrs Prarolo (bring gym shoes)**



12.00 Shared Lunch at school (homemade dishes by Italian families)

13.00 Departure to **VERONA**

15.30 meeting the **GERMAN TEAM** in Verona visit of the town

GUIDED TOUR BY THE ITALIAN GIRLS

18.15 departure from Verona

19.30 Arrival in Cremona

Dinner with families for STUDENTS

21.00: Dinner for TEACHERS at „Osteria Tempo perso“ in the city center

TUESDAY 5 NOVEMBER

8.30 Official WELCOME at Liceo Anguissola

9.00 Students' contributions about **YOU ARE WHAT YOU EAT**

10.45 -11.10 Break

11.10 -12 students' session

12-12.30 packed lunch

12.30 Excursion to **MILAN BY COACH**

14.00 arrival in Milan. Walking tour from Garibaldi to the City Centre

15.00 Shop, taste and learn at **EATALY** food hall

16.00 Sightseeing: Piazza Duomo, La Scala, Galleria Vittorio Emanuele, shopping streets

16.30 **FREE TIME** (international mixed teams)

19.00 DINNER in Milan

21.00 Departure from Castello Sforzesco

22.00 Arrival in Cremona: families pick up their children and hosts



WEDNESDAY 6 NOVEMBER

8.00 Students meet at school and free time

8.30 - 9.45 Workmeeting for TEACHERS for planning the next mobility to Poland

10.00 meeting at the Public Gardens (piazza Roma)

10.30 -1200 Visit to **CIVICO 81** (good food - Happy M-EAT-ings! and a job)

12.00 – 13.00 Lunch at their restaurant Bon Bistrot (dishes prepared with local products)

13.00 – 14.00 free time

14.30 - 16.30 **CREMONA GUIDED TOUR** of the Square, the Torrazzo (bell tower), the Roman street. Climbing up the tower and stop at the Vertical Museum

FREE TIME in town for students and teachers (popping in a violin making workshop if you wish)



19.30 GIRO PIZZA for TEACHERS and PUPILS at Pizzeria „TURLE“

